



# ROUGH RIDERS PRE-ACADEMY TEAMS

## Frequently Asked Questions:

### **What is the Pre-Academy Program?**

Previously known as the Rough Riders Premier program, our Pre-Academy program is a year-round youth developmental program for ages U7-U14 that is supplementary to a player's primary club whilst still providing opportunities to compete at the highest level in local and regional tournaments during the summer and winter months.

As the official supplemental partner of Long Island SC, a member of the United States Development Academy, the Pre-Academy offers a clear pathway to the highest level of youth soccer on Long Island.

Players who are at a competitive level following their time in the Pre-Academy program will be invited to trial with Long Island SC to compete in ages U14-U19.

### **How does the trial process work?**

Players who are trialing for the Pre-Academy program will be evaluated by the Rough Riders Coaching Staff. Following the evaluation, you will receive an email regarding your child's status within seven to ten days of the trial. This email will state whether or not your child has been identified as a player for the Pre-Academy program.

### **How many players make a team?**

The Long Island Rough Riders look at players who we feel have the skill level and potential to develop into top quality soccer players. The players who are selected into the Pre-Academy are players who we believe can develop into players who will represent some of the best talent on Long Island. Teams are normally comprised of 22-28 members.

### **What costs are associated with the program?**

Approximate costs are broken down as follows:

- Training, Facility, and Program Fees - \$1290
- Uniform Cost approx. \$80 (includes 2 Jerseys, shorts and 2 pairs of socks.)
- Tournament Costs are divided amongst the players attending the tournament.

### **When and where do teams practice?**

Team Training will occur on Sunday afternoons between 3:00p-8:00p during the fall, winter, and spring season. During the summer, teams will move to mid-week trainings on Wednesday or Thursday evenings between 5:30p-8:30p.

The Long Island Rough Riders will utilize facilities throughout the Long Island area in both Nassau and Suffolk County. All Pre-Academy Rough Riders teams will train at one of the following locations listed below.

Globall Sports Centers (Indoor) – Garden City, NY | Peter C. Collins Soccer Park (Outdoor) – Plainview, NY | Hofstra University Soccer Stadium (outdoor), Hempstead, NY

St. Anthony's High School (Indoor/Outdoor) – Melville, NY | Brentwood State Park (Outdoor) – Brentwood, NY

Sachem Sports Complex (Outdoor) – Holtsville, NY

### **Who will be part of the Pre-Academy Coaching Staff?**

Our coaching staff includes over 20 NSCAA, USSF, UEFA licensed coaches with experience ranging from the United States National Team, Major League Soccer, European professional leagues, Youth National Team, regional teams, and top-level college soccer programs.

### **What if a player has a conflict with training?**

- New to the Pre-Academy program will be our Individualized Skills Sessions held every other Saturday during the Fall and Spring seasons.
- These sessions are not additional sessions but, provided to those who cannot make their regularly scheduled training on Sunday due to conflicts.
- Individual Skills Sessions are designed to improve a player's individual technique, ball mastery, and skill moves.
- These sessions are 1-hr in length, separated by girls and boys, open to all aged players.